

Landkey Primary Academy PE Long Term Curriculum Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Healthy mind and body appreciation week 8 - 26 th July
Reception (Yoga throughout year)	Real PE - Personal Pre level 1 & level 1 Birthday Bike Surprise Pirate Pranks	Real PE - Social Pre level 1 & level 1 Journey to the Blue Planet Monkey Business Real Dance - Social	Real PE - Cognitive Pre level 1 & level 1 Tilly the Train's Big Day Out Thembi walks the Tightrope	Real PE - Creative Pre level 1 & level 1 Clowning Around Wendy's water-ski challenge Real Gym - Creative	Real PE - Physical Pre level 1 & level 1 John and Jasmine learn to Juggle Ringo to the Rescue	Real PE - Health & Fitness Pre level 1 & level 1 Sammy Squirrel and his Rolling Nuts Casper the very clever Cat	
		Balance Bikeability					
Year 1 (Yoga throughout year)	Real PE - Personal Level 1 & level 2 Birthday Bike Surprise Pirate Pranks	Real PE - Social Level 1 & level 2 Journey to the Blue Planet Monkey Business	Real PE - Cognitive Level 1 & level 2 Tilly the Train's Big Day Out Thembi walks the Tightrope	Real PE - Creative Level 1 & level 2 Clowning Around Wendy's water-ski challenge	Real PE - Physical Level 1 & level 2 John and Jasmine learn to Juggle Ringo to the Rescue	Real PE - Health & Fitness Level 1 & level 2 Sammy Squirrel and his Rolling Nuts Casper the very clever Cat	

		Real Dance - Personal	Real Gym - Cognitive				
		Balance Bikeability					
Year 2	Real PE - Personal Level 1, 2 & 3 Coordination (FUNS 10) Static Balance (FUNS 1)	Real PE - Social Level 1, 2 & 3 Dynamic balance to agility (FUNS 6) Static balance (FUNS 2)	Real PE - Cognitive Level 1, 2 & 3 Dynamic balance (FUNS 5) Static balance (FUNS 4)	Real Dance - Creative	Real PE - Physical Level 1, 2 & 3 Co-ordination (FUNS 8) Agility (FUNS 12)	Real PE - Health & Fitness Level 1, 2 & 3 Agility (FUNS 11) Static balance (FUNS 3)	
	Yoga	Real Gym	Real Gym	Tennis	Cricket Games	Athletics	
				Deveonshire Academy Tennis - final session?			
Year 3	Real PE Unit 1 - Personal Level 2, 3 & 4 Coordination (FUNS 10) Static Balance (FUNS 1)	Real PE - Social Level 2, 3 & 4 Dynamic balance to agility (FUNS 6) Static balance (FUNS 2)	Real Gym - Cognitive	Real PE - Creative Level 2, 3 & 4 Co-ordination (FUNS 9) Counter Balance (FUNS 7)	Real PE - Physical Level 2, 3 & 4 Co-ordination (FUNS 8) Agility (FUNS 12)	Real PE - Health & Fitness Level 2, 3 & 4 Agility (FUNS 11) Static balance (FUNS 3)	
	Basketball	Real Dance	Yoga	Dodgeball	Cricket	Athletics	
				Bikeability - Level 1			
Year 4	Real PE - Personal Level 2, 3 & 4 Coordination (FUNS 10) Static Balance (FUNS 1)	Real Dance - Social Yoga	Real PE - Cognitive Level 2, 3 & 4 Dynamic balance (FUNS 5) Static balance (FUNS 4)	Real PE - Creative Level 2, 3 & 4 Co-ordination (FUNS 9) Counter Balance (FUNS 7)	Real PE - Physical Level 2, 3 & 4 Co-ordination (FUNS 8) Agility (FUNS 12)	Real PE - Health & Fitness Level 2, 3 & 4 Agility (FUNS 11) Static balance (FUNS 3)	

	Tennis	Swimming	Real Gym	Netball/Tag	Cricket	Athletics	
			Devonshire Academy - Gym session	Outdoor Adventurous residential (Rock & Rapids)			
Year 5	Real Dance - Cognitive	Real PE - Creative Level 4, 5 & 6 Static balance (FUNS 2 & 3)	Real Gym - Social	Real PE - Physical Level 4, 5 & 6 Dynamic balance to agility (FUNS 6) Static balance (FUNS 1)	Real PE - Health & Fitness Level 4, 5 & 6 Static balance (FUNS 4) Co-ordination (FUNS 10)	Real PE - Personal Level 4, 5 & 6 Co-ordination (FUNS 8) Agility (FUNS 11)	
	Swimming	Badminton	Yoga	Netball	Athletics	Cricket	
					Bikeability Level 2	Outdoor Adventurous Residential (PGL Isle of Wight - 2024, 2026)	
Year 6	Real PE - Cognitive Level 4, 5 & 6 Co-ordination (FUNS 9) Agility (FUNS 12)	Real Dance - Creative	Real PE - Social Level 4, 5 & 6 Dynamic balance (FUNS 5) Counter balance (FUNS 7)	Real PE - Physical Level 4, 5 & 6 Dynamic balance to agility (FUNS 6) Static balance (FUNS 1)	Real PE - Health & Fitness Level 4, 5 & 6 Static balance (FUNS 4) Co-ordination (FUNS 10)	Real PE - Personal Level 4, 5 & 6 Co-ordination (FUNS 8) Agility (FUNS 11)	
	Netball	Yoga	Real Gym	Tennis	Rounders	Athletics	

	Sports leader training - whole class		Devonshire Academy - Gym session			Outdoor Adventurous Residential (PGL Isle of Wight - 2024, 2026) Orienteering	
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