

Autumn Term Menu 2023

Week One 30 Oct, 20 Nov, 11 Dec	Monday	Tuesday	Wednesday	Thursday	Friday
Allergen Codes: 1: Gluten, 2: Egg, 3: Milk, 4: Soya, 5: Sesame, 6: Peanuts, 7: Mustard, 8: Crustaceans, 9: Celery, 10: Fish, 11: Lupin, 12: Molluscs, 13: Sulphur Dioxide, 14: Sulphites					
Option 1	Breaded Chicken In A Bun (1,4,5,9)	Pasta Bolognese (1,2)	Roast Gammon & Pineapple	Cowboy Casserole (Sausages, Bacon & Beans) (1)	Fish Fingers (1,8,12,10)
Option 2	Southern Style Quorn Burger In A Bun (1,2,3)	Quorn Mince Pasta Bolognese (1,2)	Potato, Leek & Cheese Parcel (1,3)	Vegetarian Hot Dog In A Roll (1)	Veggie Fingers (1)
Sides	Potato Wedges Sweetcorn Baked Beans	Crusty Bread Green Beans (1)	Roast Potato, Carrots Broccoli, Gravy	Diced Potatoes With Mixed Vegetables	Chips Salad & Veggie Sticks
Option 3	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)
Option 4	Baguette With Ham, (1,10)	Baguette With Cheese (1,3,10)	Wrap Wednesday Tuna (1,10)	Sausage Roll (1,2)	Baguette With Cheese (1,3,10)
Dessert (Fruit & Yogurt Available Daily)	Very Berry Cake Vanilla Custard (1,3,4)	Fruit Jelly Pot (Mandarins In Orange Jelly)	Rice Pudding (3)	Apple/Pear Crumble & Vanilla Ice Cream (1,3,4)	Chocolate Chip Shortbread (1,3,4)
Allergen Aware Options	Gluten Free Chicken Burger Gluten Free Bun (2) Gluten Free Cake (3,4)	Free From Pasta Bolognese Fruit Jelly Pot	Roast Gammon & Pineapple Pancake & Toffee Sauce	Cowboy Casserole Made With Gluten Free Sausages Chocolate Pot (4)	Gluten Free Fish Fingers (10) Gluten Free Choc-Chip Shortbread (3,4)

Children in Reception, Year 1 and Year 2 are entitled to a free school meal through the Universal Infant Free School Meals Scheme. Eligible children in Key Stage 2 (Years 3 to 6) are also entitled to Free School Meals. To find out if your child is eligible for Free School Meals apply through Devon County Council's [Citizens Portal](#). If your application is successful, please send proof of eligibility to the school office (admin@landkey-primary.devon.sch.uk).

School Meals cost £2.50 per meal. Our preferred method of payment is via MCAS (the My Child At School Parent Portal).

Meals must be paid for in advance or on the day the meal is taken. Please do not allow your child's dinner account to become overdrawn.

We may ask you to provide packed lunch for your child whilst overdrawn accounts are cleared.

Autumn Term Menu 2023

Week Two 06 Nov, 27 Nov	Monday	Tuesday	Wednesday	Thursday	Friday
Allergen Codes: 1: Gluten, 2: Egg, 3: Milk, 4: Soya, 5: Sesame, 6: Peanuts, 7: Mustard, 8: Crustaceans, 9: Celery, 10: Fish, 11: Lupin, 12: Molluscs, 13: Sulphur Dioxide, 14: Sulphites					
Option 1	Mild Chicken Curry	Pizza Wheels (1,3)	Roast Beef & Yorkshire Pudding (2,3)	Hot Dog In A Roll (1,5)	Battered Fish Fillet (1,3,7,10)
Option 2	Homemade Tomato Soup	Roasted Veg & Tomato Pasta (1)	Filled Yorkshire Pudding with Quorn Piece Gravy (3)	Halloumi Piziola (1,3)	Quorn Nuggets (1)
Sides	Rice, Naan Crusty Bread (1)	Diced Potatoes Sweetcorn Baked Beans	Roast Potatoes Carrots Peas, Gravy	Potato Wedges Baked Beans Broccoli	Chips Salad & Veggie Sticks
Option 3	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)
Option 4	Baguette With Ham, (1,10)	Baguette With Cheese (1,3,10)	Wrap Wednesday Tuna (1,10)	Sausage Roll (1,2)	Baguette With Cheese (1,3,10)
Dessert (Fruit & Yogurt Available Daily)	Cocoa Cake with Cocoa Custard (1,3)	Shortcake Soldier with orange wedge (1)	Pancakes with Strawberry Sauce (1,2,3)	Peaches & Vanilla Ice Cream (3)	Cornflake Crispy Cake (1,3)
Allergen Aware Options	Mild Chicken Curry Homemade Soup Gluten Free Chocolate Cake	Pizza Muffin Roasted Veg Pasta Allergen Free Shortcake	Roast Beef Gluten Free Yorkshire Pud Free From Pancakes	Gluten Free Sausage in a roll (Sesame Free) Peaches	Gluten Free Fish Fingers Gluten Free Cookie

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Autumn Term Menu 2023

Week Three 13 Nov, 04 Dec	Monday	Tuesday	Wednesday	Thursday	Friday
Allergen Codes: 1: Gluten, 2: Egg, 3: Milk, 4: Soya, 5: Sesame, 6: Peanuts, 7: Mustard, 8: Crustaceans, 9: Celery, 10: Fish, 11: Lupin, 12: Molluscs, 13: Sulphur Dioxide, 14: Sulphites					
Option 1	Pepperoni Pizza Baguette (1,5)	Fajita Chicken Pasta (1)	Roast Chicken & Stuffing (1,5)	Cottage Pie With Cheesy Mash Topping (3)	Fish Fingers (1,8,12,10)
Option 2	Quorn Loaded BBQ Wedges (2)	Veggie Chilli	Quorn Fillet & Stuffing (1,5)	Roasted Veg Tart (1,3)	Veggie Fingers (1)
Sides	Potato Wedges Sweetcorn Coleslaw	Rice Crusty Bread Broccoli (1,5)	Roast Potatoes Carrots, Peas Gravy	Mash Potato Mixed Veg	Chips Salad & Veggie Sticks
Option 3	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)	Jacket Potato With Cheese, Baked Beans (3)
Option 4	Baguette With Ham, (1,10)	Baguette With Cheese (1,3,10)	Wrap Wednesday Tuna (1,10)	Sausage Roll (1,2)	Baguette With Cheese (1,3,10)
Dessert (Fruit & Yogurt Available Daily)	Jammy Sponge Vanilla Custard (1,3)	Chocolate Shortcake Finger & Orange Wedge (1)	Smoothie Pot	Chocolate Mousse (3)	Custard Biscuit (1)
Allergen Aware Options	Gluten Free Pepperoni Pizza Loaded Potato Skins Chocolate Pot (4)	Fajita Chicken Pasta Tomato Tumble Pasta Gluten Free Shortbread & Orange Wedge	Roast Chicken Quorn Fillet Smoothie Pot	Cottage Pie Veggie Chilli Chocolate Pot (4)	Gluten Free Fish Fingers Gluten Free Cookie

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